

# Dr. Marylou

Standing at a statuesque 3'11" Dr. Marylou draws from her formal education and life experiences as a person of short stature to conduct explicit educational and entertaining sexuality and relationship workshops, for all people who desire to heighten their sensuality and intimacy.

**Dr. Marylou believes that everyone is** disabled or "differently-abled" in one way or another. "It's all a matter of degree, and whether or not your condition is visibly noticeable." You can have a very passionate and erotic experience without intercourse or orgasm...either alone or with your partner. Ultimately, the real sensual experience is enjoying the self-discovery of giving and receiving pleasure, and the emotional connection/intimate bonding that you create with each other.

Advanced medical technology today affords us the benefit of living longer and healthier lives. Many live with the survival scars of past surgeries, an injury, chronic illness, or other health conditions. Normal progression of aging, medication, rehabilitation from a medical procedure, declining physical stamina, stress, and your overall mental health are all factors that may limit the quality of your everyday SEX life unless you and/or your partner make a conscious decision to raise your level of "Sexability."

## PLISSIT MODEL

Dr. Marylou follows Annon's PLISSIT modeling system used in the field of Clinical Sexology to determine the different levels of intervention and assessment for individual clients.

### Permission

Ask clients for *permission* to engage in discussion regarding their sexual feelings and relationships in a safe non-judgmental setting.

### Limited Information

Provide clients with the *limited information* to function sexually, or on the effect their condition has on their sexuality, dispelling any myths.

### Specific Suggestions

Offer *specific suggestions* to enable clients to engage in sexual activity at their desired level.

### Intensive Therapy

Provide *intensive therapy* if it is required to address clients' sexual concerns, referring them to other healthcare professionals if necessary. (Please note: Dr. Marylou does not provide Intensive Therapy)

***"I accept my body as imperfect. It gives me breath and gives me life. What matters most is how I carry myself, not how my body carries me."***

- Dr. Marylou

### **Dr. Marylou Naccarato, ACS, CSE**

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AASECT Certified Sexuality Educator  
Consultant - Speaker - Life Coach  
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# HEIGHTEN YOUR SENSUALITY & INTIMACY

GOT QUESTIONS? GET ANSWERS! ASK

*Dr. Marylou*



BRIDGING THE GAP

*From Limitations  
to Fulfilling  
Your Desires*

[www.DrMarylou.com](http://www.DrMarylou.com)

# PRIVATE CONSULTATION

For Individuals, Couples & Groups

- Person, Telephone, or Skype
- Flexible Rates
- Enhance Intimacy with Yourself and Your Partner
- Acknowledge your Attitudes, Values, and Beliefs related to Sexuality
- Sensual Techniques and Positions Suited to Your Range of Mobility
- Addressing Chronic Pain and Aging
- Sexual Healing
- Expression of Your Authentic Self, LGBTQ
- Facilitated Sex, Caregiver/Partner Communication Issues
- Explore Adaptive Adult Products, Accessories, and Resources
- Acknowledge Your Desire To Be Heard, Validated, and Loved

*"Remove any performance anxiety and allow the opportunity for meaningful dialogue with yourself or with your partner to explore what is pleasurable."*

- Dr. Marylou

# PROFESSIONAL SUPPORT AND TRAINING

*for:*

All Clinicians in Private Practice  
Rehabilitation Therapists  
Somatic & Sexological Body Workers  
Surrogate Partner Therapists  
Medical Professionals  
Specialized Clinics  
Students

- Provide Professional Support and Coordinated Care for Multidisciplinary Team Treatment Situations
- Customized Sexuality Trainings and Workshops
- Confronting Biases and Misconceptions
- How to talk about Disability and Medical Limitations with your clients
- Assessment Tools
- Practical Solutions

# SPECIAL EVENTS

- Keynote Presentations
  - Conferences
  - Expositions
  - International
- Broadcast Media

# FEATURED PRODUCT



Enhance your Pleasure and Personal Health. The only Sex Furniture designed for people with short stature and people with limited mobility! Create endless positions suited to your range of mobility and stature. Very practical for solo use, exercise, and massage. User friendly with non-disabled partners.

The LOVE BENCH can be custom ordered to meet your individual measurements regardless of your size!

POSITIONS TO TRY - The Love Bench allows you to easily be 'on top' without excessive bending or weight on knees and arms; It is narrow, low, & padded! Sit on top of your partner like riding a horse, sitting / straddling forward or backwards. If you prefer, avoid straddling and sit sideways, or at either end! Lots of creative positions explore without being limited to a flat surface mattress!

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